



Tag / Zeit	Trainingsplan Rückrunde Saison 2017/18	KR 7	KR 7
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Montag	17:30 - 19:00	Da	Db	Dc	Mädchen D	Mädchen E	1		D	E	F									
	19:00 - 20:30	1	Ca	Cb / TW Training		Ca	Cb	Goalie	Sen	B	C	Mädchen C								
	20:30 - 22:00																			

Dienstag	17:30 - 19:00	Da	Db / TW Training		Dd	Ea	Ec	Fa	Fb	50+	Db									Schulsport	Schulsport
	19:00 - 20:30	1	3 / TW Training		40+	Frauen 1	Frauen 2	2	Aa	Ba	Sen									RED SOX	RED SOX
	20:30 - 22:00	2	30+	1	1															RED SOX	RED SOX

Mittwoch	13:30 - 15:30	F-Junioren	E-Pool																			
	15:30 - 17:00	G-Junioren/Fussballschule																				
	17:30 - 19:00	Dc	Eb	Ed		Mädchen C	Mädchen D	Mädchen E	Da	E	F	1		D	E	F					RED SOX	RED SOX
	19:00 - 20:30	Ca	Cb	Mädchen A	Mädchen B	Ca	1	C	Mädchen C	VBAU											RED SOX	RED SOX
	20:30 - 22:00	A	B	30+	2	30+	40+	50+													RED SOX	RED SOX

Donnerstag	17:30 - 19:00	Da	Db	Dd	Ea	Ec	Fc	Fd												Schulsport	Schulsport
	19:00 - 20:30	1	3	Frauen 1	Frauen 2	2	Aa	Ba	Cb											RED SOX	RED SOX
	20:30 - 22:00	2	1	1																RED SOX	RED SOX

Freitag	17:30 - 19:00	Eb	Ed	Mädchen C	1		Da	Db	E	F											
	19:00 - 20:30	Ca	Cb	Frauen 1	Mädchen A	Mädchen B	Aa	Ba	Ca	1	1										
	20:30 - 22:00	A	B																		

Altstetten 	Galatasaray 	United 	Hajduk
VBAU 	Hellas 	Hakoah 	Red Sox